

CREATING A TOBACCO-FREE SCHOOL DISTRICT A WIN-WIN-WIN!



VAPING IS THE NEW YOUTH TOBACCO EPIDEMIC



1 in 5 teens are vaping (that's 3.6 million kids)



Nearly half of youth e-cigarette users report using a device in school



Nearly half of kids want to quit

YOUTH ARE MORE SUSCEPTIBLE TO THE NEGATIVE EFFECTS OF NICOTINE, WHICH CAN:

- Harm adolescent brain development
- 🗥 Result in addiction
- 🗥 Reduce impulse control
- Negatively affect attention and cognition
- Increase the risk of mood disorders

ROLE FOR SCHOOLS: A HOLISTIC APPROACH

Education: educate all students on tobacco products

Policy and Environment: ensure and enforce a 100% tobacco-free environment

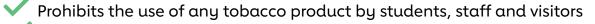
Supportive Approach: offer a supportive approach for students who are caught vaping or using other forms of tobacco (supportive disciplinary practices and cessation resources)



FOUNDATION



100% TOBACCO-FREE SCHOOL POLICY ESSENTIALS



Prohibits the possession by students

Applies at all times, on all district property (including vehicles) and at all district-sponsored events, including field trips

Provides a progressive, supportive approach for disciplinary actions when students are caught vaping or using other tobacco products

X Does not use exclusionary practices such as suspension or expulsion, unless they are a last resort

Does not use other punitive measures such as taking away extracurriculars or issuing fines

Does not involve school resource officers or law enforcement in disciplinary procedures

SUSPENSION INCREASES THE LIKELIHOOD OF



Negative educational outcomes

Lower test scores



Lower graduation rates

A lower likelihood of enrolling in postsecondary education.

BENEFITS OF SUPPORTIVE STRATEGIES

Ensuring schools implement supportive strategies instead of punitive disciplinary measures is a Win-Win-Win:



Fosters student academic achievement Improves health Decreases inequities





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