

## CREATING A TOBACCO-FREE SCHOOL DISTRICT A WIN-WIN-WIN!



## VAPING IS THE NEW YOUTH TOBACCO EPIDEMIC



1 in 5 teens are vaping (that's 3.6 million kids)



Nearly half of youth e-cigarette users report using a device in school



Nearly half of kids want to quit

#### YOUTH ARE MORE SUSCEPTIBLE TO THE NEGATIVE EFFECTS OF NICOTINE, WHICH CAN:

- Harm adolescent brain development
- 🗥 Result in addiction
- 🗥 Reduce impulse control
- Negatively affect attention and cognition
- Increase the risk of mood disorders

#### ROLE FOR SCHOOLS: A HOLISTIC APPROACH

**Education:** educate all students on tobacco products

**Policy and Environment:** ensure and enforce a 100% tobacco-free environment

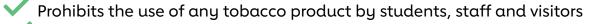
**Supportive Approach:** offer a supportive approach for students who are caught vaping or using other forms of tobacco (supportive disciplinary practices and cessation resources)



FOUNDATION



### **100% TOBACCO-FREE SCHOOL POLICY ESSENTIALS**



Prohibits the possession by students

Applies at all times, on all district property (including vehicles) and at all district-sponsored events, including field trips

Provides a progressive, supportive approach for disciplinary actions when students are caught vaping or using other tobacco products

**X** Does not use exclusionary practices such as suspension or expulsion, unless they are a last resort

Does not use other punitive measures such as taking away extracurriculars or issuing fines

**Does not** involve school resource officers or law enforcement in disciplinary procedures

#### SUSPENSION INCREASES THE LIKELIHOOD OF



Negative educational outcomes

Lower test scores



Lower graduation rates

A lower likelihood of enrolling in postsecondary education.

### BENEFITS OF SUPPORTIVE STRATEGIES

Ensuring schools implement supportive strategies instead of punitive disciplinary measures is a Win-Win-Win:



Fosters student academic achievement Improves health Decreases inequities





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