



Mission Statement

To promote inclusive activities for all students through meaningful involvement in NSAA educationally based Unified Sports.

- Educate Membership, Communities and Stakeholders of values and benefits of Unified Sports
- Provide educational resources to help member schools implement meaningful Unified Sports.
- Offer NSAA sanctioned Unified Sports and Championships



NSAA UNIFIED SPORTS...

**GIVING ALL STUDENTS
AN OPPORTUNITY TO EXPERIENCE
SUCCESS.**



What is Unified Sports?

Unified Sports offer the chance for all students with and without intellectual disabilities to participate in an activity.

NSAA Bylaw 3.11.13

Unified Sports. Special Olympics unified sports® is an inclusive activities program that combines an approximately equal number of special Olympics individuals with intellectual disabilities and individuals without intellectual disabilities on teams for competition and inclusive activities fostering an environment of social inclusion.

Vision:

2016-2017 - Unified Bowling Championship

2017-2018 - Track & Field Relays

Swimming Relays

Golf

**Future Schedule will be identified by the NSAA Member Schools.



Coming soon to your school...

NSAA Unified Sports

Participation in activities bring people together.

Providing opportunities for students with and without disabilities to interact in meaningful ways that highlight their similarities, rather than accentuate differences, has been shown to be valuable in promoting positive attitudes. Activities provide an ideal platform for these interactions.

Dedicated to promoting social inclusion through shared sports training and competition experiences, Unified Sports joins people with (athletes) and without intellectual disabilities (partners) on the same team. It was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding.

In Unified Sports, teams are made up of people of similar age and ability, which makes practices more fun and events more challenging and exciting for all. Having activities in common is just one more way that preconceptions and false ideas are swept away.

Research has shown that by offering a combination of inclusive activities and youth leadership options, as well as a variety of activities that engage the entire student body, the school community now has a part in building a socially inclusive climate – one free from teasing, bullying and the exclusion of any group of students.

**Change your School
for the Better,
one Activity at a time!**



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